An easy all-in-one spaghetti supper—

1 pound ground beef
1 6-ounce can tomato paste
1 1-pint 2-ounce can tomato juice
3 cups water
1½ to 2 teaspoons chili powder
1 teaspoon garlic salt
1 teaspoon salt
1 teaspoon sugar
1 teaspoon dried oregano, crushed
2 tablespoons instant minced onion
1 7-ounce package uncooked spaghetti

In large skillet, break up ground beef. Add remaining ingredients except spaghetti. Cover and bring to a boil; reduce heat and simmer 30 minutes, stirring occasionally. Add spaghetti; stir to separate strands. Simmer, covered, 30 minutes longer or till spaghetti is tender. Stir frequently. Serve with Parmesan cheese. Serves 4 to 6.